April 2023 Volume 3, Issue 10

## SENIOR SIGNINGS

Kaden Dover maintains a 3.5 GPA and has participated in basketball, football, and track for four years. Kaden began training as a kicker his sophomore year of high school.

At one of the camps he went to, Coach Joe said that even though he was a beginner, he saw a natural talent in Kaden and knew that with training, he could accomplish whatever he set his mind to.

The work that Kaden has been required to put in and the reliance and faith in God have allowed Kaden to attend McKendree University to kick at the next level!


Brock Baker had the opportunity to attend several football camps and colleges in hopes of playing college football. Some places he visited were Upper Iowa University, Drake University in Des Moines, Iowa, William Jewell in Kansas City, MO, North Central College in Naperville, Illinois, SIU, and Illinois Wesleyan University in Champaign, Illinois, to name a few.
Football has always been Brock's true passion, and he decided to further his education and play football for the McKendree Bearcats. Brock plans to study Education. His goal is to teach History and be a football coach.

## Senior Signings Continued

Isiah Watson started his football journey in Chicago at seven years old. Football was his therapy; he was instantly obsessed while playing. The obsession grew as he got older, especially with the obstacles he and his family went through. Football got him through the tough times.

He moved to JC the summer before his sophomore year and fell in love with the community, school, and the amount of respect that is given to everyone here.

Isiah tells us, " I have been blessed to be a student at Johnston City High School. I
 could not be more thankful for the experience I have had here at Johnston City. I can not wait to be able to provide for this community in the near future, just like they did for me."

## Creed I I Thovie Review

Apollo Creed's son (Adonis Creed) followed in his father's footsteps by becoming a boxer. Adonis Creed started his career by training with former boxer Rocky Balboa. Adonis continued to improve his boxing skills, and he soon became the heavyweight champion. The movie is about Creed and his childhood friend Dame, whom Creed got into a lot of trouble with in his younger years. Dame wants to seek revenge on Creed.

If you don't enjoy violent movies, this is not the movie for you. There is a lot of blood, fights, and scenes not appropriate for kids. This movie would appeal to teenagers and older age groups. Rotten Tomatoes has given Creed III an 86\%, whereas the general audience gave a higher approval rating of $96 \%$. I give this movie a 5 out of 5 stars because of all of the action and fighting.


## World Autism Awareness Day

One in every one hundred people are diagnosed with autism. That means that you likely know someone, if not multiple people, that have this disorder. About one-fourth of children with autism are undiagnosed until later in their life. Autistic people have to go through struggles that others do not understand, which is why we declare April 2 nd World Autism Awareness Day. On this day, we encourage others to raise awareness for autism and share stories from autistic people and the struggles that they have had to overcome. The world offers support and acceptance to those with the disorder, as we should be doing every day.


Blue is the color that many organizations have chosen to represent autism on April 2. Blue will be seen throughout schools and the streets in support of the day. A Blue "Forget-me-not" flower also symbolizes the awareness of autism. There are also many different animals that organizations use to display autism awareness. These include a cat, a butterfly, and a mouse, as they are all beautiful, elegant, and social.

Additionally, there are themes for World Autism Awareness Day each year. In 2021, the theme was "Inclusivity in the Workplace." This theme was dedicated to every autistic person that may have been treated differently or poorly while at work simply because of their disability. Last year, 2022 , the theme was very similar to the previous year and also focused more on the education aspect of it. It was dedicated to being treated differently in an educational setting, along with raising awareness about what autism truly is.

The theme for World Autism Awareness Day this year is "Color," as color plays a big role in how autistic people can view different things and feel specific emotions.

The Spectrum Colour Challenge is a virtual fundraising challenge that took place Monday, March 27 - Sunday, April 2, in support of World Autism Acceptance Week.

Created by the Academy of American Poets in 1996, National Poetry Month is a function where people worldwide celebrate poetry and its history. Over the years, it has become one of the most significant literary commemorations around the globe. There are many ways people acknowledge this around the earth.

The most common way people celebrate is by promoting poetry. Publishers, booksellers, literary organizations, and educators participate by reading about it in class, publishing a piece of poetry, or selling posters. There are also less common ways of celebrating that you can participate in during your free time.

You can go to a library and pick out a piece of poetry that suits your taste, sign up for the Poem-a-Day created by Naomi Shihab, donate books of poetry, research, and volunteer with poetry organizations in your area, or write your work. These are all great ways to participate. Happy National Poetry Month!

## Loss and Gain <br> BY: JOHN HENRY NEWMAN

When I compare
What I have lost with what I have gained,
What I have missed with what attained, Little room do I find for pride.

I am aware
How many days have been idly spent: How like an arrow the good intent llas fallen short or been turned aside.

But who shall dare
To measure loss and gain in this wise?
Defeat may be victory in disguise:
The lowest ebb is the turn of the tide.


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## Bringing Home The Emos

Scholar Bowl won Black Diamond Conference champs for the second consecutive year and was undefeated in conference both years! They advanced to the IHSA 1A State Tournament and took home the 4th-place trophy! They also were the Sectional Champions and received 3 rd place at the Masonic State Tournament on March th. This is the school's first state trophy! Chase McReynolds, Adam Ashby and Ava Anderson were all named to the All-Sectional team; Ava was also named to back-to-back dst Team All-State selection, which is also the first in school history. Congratulations on an outstanding season!


The JCHS Math Team is our Regional Champs, with JCHS having the top score by any public school in the state! Individuals placing at regionals were: Seniors: Brenia Smith \& Bailey Weber (1st place tie), Cade Clark (3rd place); Juniors: Ava Anderson \& Gavin Abernathy (1st place tie), Ryley McPhail (3rd place);
Sophomores: Chase McReynolds - 1st,
KatelynnTurner- $2 n d$, and Jacob Johnson- 3rd;
Freshmen: Mariah Hall - 1st, Logan Smith - $2 n d$, and Sophie Walker - 3 rd.

They also attended SIU for Math Field Day on March $28 t h$ and received 3 rd overall.



## Brendon Timmons

After high school, Brendon wants to become a registered nurse and live in IL or California. Brendon's favorite movie is Jurrasic World, and his favorite high school memory is winning the tug of war as a Freshman. Brendon is involved in Baseball and can't live without his truck!

Brendon moved to California for two years of high school!


## Linden Robertson

After high school, Linden wants to travel the world and become a mechanic. Linden's favorite show is Super Why, and he can't live without pizza, his swing, and magnets. Linden is involved in the Special Olympics, and his favorite high school memory is meeting Mrs.
Mummert!
Linden loves magnets, singing and dancing!


## Noah Scarbrough

After high school, Noah wants to travel to New York and plans to attend UIC for college. Noah's favorite movie is Sex and the City, and his favorite high school memory is fartspraying Mrs. Graham's office. Noah is involved in the band and Drama Club and is the Secretary of Educators Rising. Noah can't live without music!

Noah got lost in a cave over summer break!



## Gabrielle Overturf

After high school, Gabriette plans on going into Elementary Education and traveling to Bora Bora. She can not live without her pug, Skittles. Gabrielle is also involved in Softball, Cheerleading, and Pep Club. Her favorite high school memory is cheering for the FNL.

Gabrielle's favorite TV show is Riverdale!


## Tiffany Williford

After high school, Tiffany plans to leave Illinois and never look back while traveling to New York City. Her favorite TV show is The Vampire Diaries, and she cannot live without her dog. Tiffany's favorite high school memory is all the naps she took her freshman year.

Tiffany is a manager at Fazoli's!


## Connor Mowery.

connor is involved in football, basketball, baseball, HOSA, and CNA. After graduating, he plans on attending John A Logan for nursing. He also wants to travel to Germany. Connor can not live without Football, and his favorite movie is

Friday Night Lights. Connor's favorite High School memory is beating Fairfield in his junior year.

Connor has a white 2016 Mustang!


## Alyssa Grigsby.

After high school, Alyssa wants to move away and become a journalist while planning to travel to New York. Her favorite movie is Dazed and Confused, and she can't live without Jamie Campbell Bower. Alyssa likes spooky movies and Halloween-themed things. Her favorite high school memory is sneaking food into class.

Alyssa is involved in Educators Rising!



## Isaiah Watson

Isiah has been involved in football, basketball, and track throughout high school. He is focused on becoming successful enough to give to people in need. Isiah's favorite high school memory is his first touchdown in his sophomore year against Chester. His favorite TV show is Spongebob Squarepants, and he can not live without Jesus.

Isiah had 12 fingers when he was born!


## Adam Ashby.

Adam is involved in Scholar Bowl and plans on becoming a biologist. His favorite high school memory is walking with friends after school. Adam's favorite TV show is Duck Dynasty; he cannot live without nature. He also plans to travel to Prague after high school.

Adam rock climbs!


## Meghan Holland

Meghan's favorite movie is Son of Dracula (1974), and she can not live without music. After high school, she wants to attend college, become a teacher, and then move far away from Illinois. Meghan would like to visit North Carolina, Iowa, California, and England. Meghan's favorite high school memory is hanging out with her friends, and she is involved in Art Club.

Meghan likes writing poetry!


## Sarah Hinkle

After high school, Sarah plans on going to college to become a vet and traveling to New York. She can not live without her phone; her favorite movie is Harry Potter. Sarah's favorite high school memory is going to the library.

Sarah has three dogs!



## Logan Hunter

Logan is a part of our football, basketball, and baseball teams. He is also a member of Educators Rising and Business Club. He wants to become a teacher and coach and hopes to travel to New York City. His favorite high school memory is beating Fairfield's winning streak of 37, and Logan can't live without Football.


## Addyson Trout

Addyson plans to become an elementary teacher and travel to the Bahamas after high school. Her favorite high school memory is beating West Frankfort in volleyball for the season opener. She is a part of our volleyball, softball, and cheer teams and likes to go by "Goose."


## Marissa Larson

Marissa's favorite TV show is Criminal Minds; some of her favorite foods are cheese and garlic. After graduation, she wants to travel around the world and become a doctor of some sort. Her favorite high school memory was when they didn't have to return after Spring Break in 2020, and she could not live without her phone!


## Josie Tanner

Josie's favorite high school memory is all the Hoco weeks and football games; she can't live without her friends and family, and she is a member of our Math Team, NHS, and much more. She used to play soccer and is an ambitious kicker, and her favorite TV show is Hawaii 5-O. After high school, Josie wants to attend college and get a good job.



Tori Winslow
After high school, Tori wants to be a teacher and travel to Japan. She can't live without her cat (Rainer), her favorite TV show is Ponyo, and she is a part of Educators Rising and Art Club. Her favorite high school memory is the pep rally when Mr. Shick got wrapped in toilet paper!


Erica Ragsdale
Erica's favorite Tv show is NCIS; she loves it so much that she named her dog "Jethro" after Gibbs from the show. Her favorite high school memory was homecoming week during her junior year. After high school, she hopes to travel to Cancun and go to college.


By Peyton Shelton


As most people know, the first day of April is a time of tricks and plain tomfoolery. Some of you who aren't already skilled pranksters may be thinking of ways to prank your friends for April Fool's Day. Have no fear! That's what this article is for! Here are some minor inconveniencing tricks to play on your friends.

Silly String Them
While some cleanup is involved, it doesn't damage clothing and can be easily pulled off. It is also a cheap prank as it can be purchased at your local dollar store for under five dollars.


Salted Cookies
While they may be unpleasant to taste, substituting salt for sugar is the prank!
Forking someone's yard
Just be sure to help clean up! Again a very cheap prank that can be purchased at the Dollar Store.



By Libby White

WORLD HEALTH DAY IS A GLOBAL DAY TO CELEBRATE HEALTH AWARENESS. EVERY YEAR THEY CHOOSE A SPECIFIC THEME TO HIGHLIGHT AND BRING ATTENTION TO. IN 2021 WE DECIDED ON THE MUSIC FOR A FAIRER AND HEALTHIER WORLD; IN 2022, WE WENT WITH "OUR PLANET, OUR HEALTH" TO WORK ON A POLLUTED PLANET IN THE FACE OF THE PANDEMIC (COVID-19), AND THIS YEAR WE ARE CHOOSING "HIGHLEVEL DIALOGUE HEALTH FOR ALL." THIS YEAR WE ARE FOCUSING MORE ON STRENGTHENING OUR PRIMARY HEALTH CARE SO THAT WE CAN BUILD OUR SYSTEMS. DIFFERENT WAYS WE CAN CELEBRATE WORLD HEALTH DAY ARE TO GIVE BACK, SET GOALS FOR OURSELVES, AND DO RESEARCH ON THE HEALTH OF YOURSELF AND OUR PLANET!


World Health Day
(1) World Health


ANOTHER DAY WE CAN TALK ABOUT THIS MONTH IS ASTRONOMY DAY. WE ACTUALLY CELEBRATE THIS DAY TWICE A YEAR, ONCE IN MID-MAY OR MID-APRIL, AND AGAIN IN THE FALL. SOME PEOPLE WONDER WHY WE DO THIS, BUT IT'S A COMPLETELY DIFFERENT VIEW EACH TIME. THIS HELPS REACH DIFFERENT PEOPLE AROUND THE WORLD TO BECOME MORE INTERESTED AND INVOLVED IN ASTRONOMY. IN A WAY, ASTRONOMY DAY CAN KEEP US TOGETHER, BECAUSE EVEN THOUGH WE ARE ALL IN DIFFERENT PARTS OF THE WORLD, WE'RE LOOKING AT THE SAME SKY. THIS YEAR ASTRONOMY DAY IS GOING TO BE ON APRIL 29TH. GOING TO A PLANETARIUM IS A GOOD WAY TO CELEBRATE WITH FRIENDS OR FAMILY, OR YOU CAN LOOK ONLINE TO SEE IF THERE ARE ANY EVENTS BEING HELD IN YOUR AREA.


Marissa Larson has done an excellent job in completing scholarship applications. I gave a senior presentation about the proper way to complete forms and Marissa listened to and responded to each suggestion that was given in a positive and very cooperative manner.
-Mrs. Ryker


Madison has been a student in my HSC program since she was a sophomore. She has always treated me and all other healthcare professionals she has encountered with the utmost respect. -Mrs. Mummert


Jerry's locker is right outside of my classroom door. Everyday, Jerry is very respectful to me when we speak and to others when he is speaking to them.
-Mr. Mummert


I am so proud of Alizabeth for coming to school in-person. She seems to be adjusting well to JCHS and demonstrates perseverance. She is a sweet person when l have spoken to her in the halls and at lunch. - Mrs. Patrick


Adam continually shows respect by listening to classroom rules and instruction, completing work on time, and promoting a positive learning environment by creating educational discussion with other students.

- Mr. Rushing

